



**ABC Pediatric Therapy Network**  
*"creating the best life for all children"*

Feeding Evaluation Parent Instructions

When coming to the feeding evaluation, please bring your child hungry NOT STARVING. This will provide a typical feeding experience.

\_\_\_\_ Please bring all the utensils/adaptive equipment that your child typically uses during his/her meals. (bottle, bottle nipples, cups, spoon etc.)

\_\_\_\_ Please bring three different foods that your child eats cooperatively/easily.

\_\_\_\_ Please bring three foods that your child refuses to eat or eats with difficulty.

\_\_\_\_ Please bring water, milk or milk product, juice and any other drink your child prefers.

\_\_\_\_ Please bring 2 different finger foods.

\_\_\_\_ Please bring 1 food item that your child can use utensils with. (over 15 mo. of age)

\_\_\_\_ Please bring any item your child currently uses that helps them to calm and/or organize. (i.e., pacifier, blanket, chewy toy etc.)

\_\_\_\_ Please arrive 10-15 minutes earlier than your scheduled evaluation to allow for complete assessment of your child.

\_\_\_\_ If co-pay or out of pocket expenses required then must bring to evaluation.